

Chris Helton

2001 World Championships Team Tumbling Bronze Medallist
1998 World Age-Group Games Tumbling Silver Medallist
1997 Tumbling Jr. National Champion
1994, 1996 World Age-Group Games Tumbling Gold Medallist

Hometown: Kenner, La.
Residence: Kenner, La.
Birth Date/Place: July 20, 1982/Metairie, La.
Club: American Center for Elite Sports
Coach: Jon Beck
School: University of New Orleans
Year in School: Junior (Fall 2002)
Years on National Team: 6 (1995-2003)
Favorite Event: Tumbling



Personal Info

Chris is one of two children to Mark and Gwyn Helton. His younger sister, Kimberly, was a former Level 9 artistic gymnast. Helton's favorite subject in school is Math and his favorite actor is Tom Hanks. His goal is to win the World Championships. Helton says his role model is Jon Beck, his coach. Helton is currently studying Mechanical Engineering at the University of New Orleans.

International Competition

- 2001 World Championships, Odense, Denmark; 3rd-Team Tumbling, 22nd-Tumbling
- 1998 World Age-Group Games, Sydney, Australia; 2nd-Tumbling
- 1996 World Age-Group Games, Kamloops, Canada; 1st-Tumbling
- 1994 World Age-Group Games, Ville du Conde, Portugal; 1st-Tumbling

National Competition

- 2002 National Championships, Cleveland, Ohio; 3rd-Tumbling
- 2001 National Championships, San Antonio, Texas; 3rd-Tumbling
- 2000 National Championships, St. Louis, Mo.; 3rd-Tumbling
- 1999 National Championships, Anaheim, Calif.; 2nd-Tumbling
- 1998 National Championships, St. Paul, Minn.; 2nd-Tumbling (Jr.)
- 1997 National Championships, Orlando, Fla.; 1st-Tumbling (Jr.)