

Katie Heenan

*2003 Uneven Bars National Champion
2001 World Championships Double Bronze Medalist
2001 Uneven Bars National Champion*

Hometown: South Riding, Va.
Residence: South Riding, Va.
Birth Date/Place: November 26, 1985/Indianapolis, IN
Club: Capital Gymnastics Training Center
Coach: Tatiana Periskaia
School: Seton Catholic-Homeschool
Year in School: 12th grade (Fall '03)
Began Gymnastics: 1989
Favorite Events: Bars and Floor
Years on National Team: 6 (1998-2004)
TOPS National Team: 1995



Personal Info

Heenan burst onto the international scene in 2001 by winning the bars silver at the Pan American Championships, and the bars and team bronze at the 2001 World Gymnastics Championships. She was named TOPS Athlete of the Year in 2001 for her accomplishments. She is the second of four children and the only daughter of John and Lisa Heenan. She has one older brother, Danny (10/11/82), who is studying to become a Catholic priest, and two younger brothers, David (7/4/87) and Robby (5/1/95), who both enjoy playing sports. She admires her mother for her positive attitude and is inspired by her father who was a high school gymnast. In her free time, Heenan enjoys reading the book "Quo Vadis", listening to country music, and watching movies such as "Grease", "Moulin Rouge", and "Runaway Bride". Heenan's gymnastics goals include making more World Championship teams and earning a trip to the 2004 Olympic Games. She hopes to someday pursue a career in acting, broadcasting, or coaching.

International Competition

- 2004 Pacific Alliance Championships, Honolulu, Hawai'i; 1st -Team, 1st -UB
- 2004 Stella Zakharova, Kiev, UKR; 5th -AA, 3rd -BB
- 2003 DTB World Cup, Stuttgart, GER
- 2003 Pacific Challenge (USA/CAN/AUS), Fullerton, Calif.; 2nd -Team, 2nd -UB
- 2001 World Championships, Ghent, BEL; 3rd -Team, 3rd -UB
- 2001 Senior Pan American Championships, Cancun, MEX; 1st -Team, 7th -AA, 2nd -UB

National Competition

- 2004 American Classic, Ontario, Calif.; 1st -AA, 9th -V, 1st -UB, 2nd -BB, 6th -FX
- 2003 U.S. National Championships, Milwaukee, Wis.; 7th AA, 1st UB, 8th BB
- 2003 U.S. Classic, San Antonio, Texas
- 2003 American Classic, Boston, Mass.; 6th -AA, 4th -UB, 5th -FX
- 2003 National Elite Podium Meet, Fairfax, Va.; 1st -UB
- 2002 U.S. Gymnastics Championships, Cleveland, Ohio
- 2002 U.S. Classic, Virginia Beach, Va.; 1st -UB
- 2001 U.S. Gymnastics Championships, Philadelphia, Pa.; 6th -AA, 1st -UB, 6th -BB (tie), 3rd -FX (tie)

Women's National Team

- 2001 U.S. Classic, Pomona, Calif.; 4th-AA, 1st-UB, 5th-FX, 6th-BB
- 2000 John Hancock U.S. Gymnastics Championships, St. Louis, Mo.; 9th-AA, 4th-UB, 7th-BB
- 2000 US Classic, Tulsa, Okla.; 5th-UB
- 2000 American Classic, Reno, Nev.; 8th-AA, 5th-V, 3rd-UB
- 1998 John Hancock U.S. Gymnastics Championships, Indianapolis, Ind.; 10th-AA, 8th-V (tie), 11th-UB, 6th-BB, 19th-FX (tie) (jr. div.)
- 1998 U.S. Classic, San Antonio, Texas; 19th-AA, 23rd-V, 20th-UB, T20th-BB, T20th-FX (jr. div.)
- 1998 J.O. Nationals, Seattle, Wash.; 1st-V, 1st-UB (Jr. A div.)