



USA GYMNASTICS®

PRE-TEAM & LEVELS 1-3 MEN'S ARTISTIC COACHES

MEMBERSHIP

Professional/Junior Professional Member

Membership Requirements

Background Check (Professional Members Only)

U100 Fundamentals of Gymnastics Instruction

U101 Safety and Risk Management

U110 U.S. Center for SafeSport Core Course

COURSEWORK

U107 or U108: CPR/First Aid

B202: Creating an Outstanding Customer Service Culture

U200: Development Coaches Course-Sports Science

U301: Stewards of Children

U302: Recognizing and Responding

R103: School Age Hands-On Training

R104: GymCert Level 1

R105: GymCert BOY'S Level 1

***Concussion Education*

USA Gymnastics offers CDC or NFHS Concussion Courses Free of Charge

M200: Men's Development Coaches' Course Hands-On Training

M310: Men's USA Gymnastics Regional Clinics

M210: Men's USA State Clinics

U310: Regional Congress

NEXT STEP: Level 4-7 Men's Artistic Coach

U305: Double-Goal Coach®: Developing Triple-Impact Competitors

B101: Business Foundations 1

U410: National Congress

For more information visit USAGymnasticsUniversity.org

